# Dementia Alliance International: *Finding our voice*

John Sandblom



#### No Medical Advice

Please note: The content of this presentation and our website represents our opinions (however well-informed they may or may not be) and should NOT to be considered medical advice. Medical advice should only be obtained during conversations with your own medical doctor.

There is no conflict of interest.



# Many people with dementia had a dream...



#### Our Vision

"A world where a person with dementia continues to be fully valued."



# Reaching the world: over 130 members in over 6 countries





Through strong advocacy, we have collaborated with ADI, and are now the peak body globally for people with dementia



We speak up for full inclusion and a place at every international dementia table... No longer about us without us.



By not including us, the stigma, discrimination, prejudice, myths of dementia and isolation are being exacerbated, by the organisatons, researchers & service providers purporting to improve our lives or advocate for us.



### What we do

- Website, weekly blog, newsletters
- Weekly online support groups
- Advocacy and speaking roles
- Master Classes
- Monthly Webinars: A Meeting of the Minds



# Supported by technology

- Zoom platform for online
  - Board meetings
  - Events
  - Educational webinars
  - Master Classes
  - Weekly support groups



# Collaboration is the key to our continuing success



### A global voice

- Advocated for a person with dementia to become a member of the World Dementia Council
- A member was invited to present at the World Health Organisations first Ministerial Conference on Dementia in March



#### Living well with dementia...

### It is possible

- The attitudes of, and support from researchers and health care professionals need to change on this
- The language of dementia needs to change; see Alzheimer's Australia updated language guidelines - <a href="https://fightdementia.org.au/sites/default/files/language%20guidelines.pdf">https://fightdementia.org.au/sites/default/files/language%20guidelines.pdf</a>



"People will forget what you said; people will forget what you did... But people will never forget how you made them feel."



"Never doubt that a small group of thoughtful committed citizens can change the world – indeed it is the only thing that ever does."

Margaret Meade



## Membership

- Membership of Dementia Alliance International is exclusive to people with dementia; click on the GREEN icon on our website
- Family carers, professional service providers, researchers and health care professionals are welcome to join our newsletter mailing list, and support us through donations, click on the BLUE or BLACK icons

www.infodai.org/membership/

@DementiaAllianc

www.facebook.com/DementiaAllianceInternational info@dementiaallianceinternational.org



Support and Advocacy: Of, by and for people with dementia

### Don't miss out...

Sign up to receive our weekly blogs when they are published...

Click on the **BLUE** button on the left had side of the website.



# Thank you



