Knowledge is power!

We offer support and connection to those with dementia AND their family with twice-monthly support group meetings, social outings, easy walks and a private Facebook group.

Most importantly, we offer hope and a renewed sense of purpose.



SUPPORT US

The Dementia Warriors are supported by Peace Lutheran Church and Figaro's Pizza.

If you'd like to make a donation to support the group, it can be made to

The Dementia Warriors C/O Peace Lutheran Church 2540 Applegate St. Philomath, OR 97370

Your donation will be tax-deductible.

CONTACT US

dementiaadvocacy16@gmail.com Phone: 541-530-8449 Dementiawarriors.wordpress.com



THE DEMENTIA WARRIORS

Improving our Journey Together





Find your HOPE & PURPOSE The Dementia Warriors "Improving Our Journey Together"

Join us and experience the power of peer-to-peer support.

YOU'RE NOT ALONE

Loss of cognitive skills and/or memory loss can begin at any age. Dementia is not an "old-person's" disease.

Statistics show that many people live with dementia, on average, about 10 years before seeking a diagnosis. Early detection gives you time to start self-care and stave off the onset.

OUR MISSION

Improve the whole family's journey with dementia through peer-to-peer support, socialization, education, information and basic self-care techniques including diet, exercise and lifestyle changes.

WAYS TO CONNECT

• Twice-Monthly Support Meetings

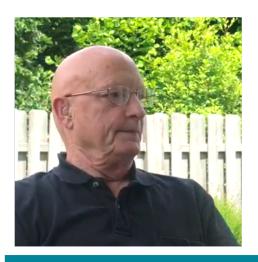
We meet from 2:30-4 p.m. the first and third Wednesday of every month at Peace Lutheran Church, 2540 Applegate St. in Philomath, Oregon.

- **Social Evenings**Join us for movies, bingo and more.
- Easy, Twice-Weekly Walks
 We plan easy walks around
 Philomath and Corvallis to enjoy the
 outdoors as well as socialize with
 group members.
- Facebook Group

Find us on Facebook! This is a **private group**; you must request permission to join. This is to protect the safety and privacy of members.

Website

Visit us online at dementiawarriors.wordpress.com.



"Getting a referral for support should be the No. 1 step and is absolutely critical for well-being. We don't want you to feel lost or alone in your journey."

> - Jerry Wylie, founder of The Dementia Warriors

WHO'S INVITED

Care partners, caregivers, family members, friends and the person living with any type of dementia, diagnosed or not, is welcome. This is a family disease, and everyone impacted is welcome. Sometimes, people join because dementia runs in their family and they want to learn more. Professionals in the field are also invited to join as their input and knowledge are critical.